

I Am Alive

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B. A. D. Love
Be And Do What You Love

Is the creative Home of some of the creative ideas I receive.

The Intention – Self Expression, Fun and Contribution

Dear Reader,

Thank You. Thank you for taking the time to read this story.

'I Am Alive' is the second of B. A. D. Love Stories however it was the first full feature film script I began in 2012 and it developed over time. I remember when I first got the idea sitting on the plane coming from LA going back to London for a week to perform in a film. I'll never forget the aliveness I had rushing and flowing through me. The intention when I started writing this project was -

"The intention of the film is to offer some form of soothing and empowerment to anyone who watches the film."

The intention still stands in sharing this story in a book.

As I said when starting this project of B. A. D. Love Stories 'let's see how it goes, let's see what happens, let's see what unfolds!'

This particular story has been written in a film script format as that is what I imagined. However I have slightly adapted it into a book version.

I wish for you to sit back, relax and enjoy the story you are about to read.

Even though I may not have met you, it still doesn't stop me from sending you great, loving and light energy. Thank you again and as always God Bless.

I Am Alive

Mwah xx

Love from,

Ashley

P.s.

Some Terminology
(in case you are unaware)

INT – Interior of the scene.

EXT – Exterior of the scene.

BLACK OUT – A black out.

FADE IN – A camera transition where the scene starts with the camera fading in.

FADE OUT – A camera transition where the scene exits slowly with the camera fading out.

CUT – A simple and usual camera transition to another scene.

B. A. D. Love Stories

Is a collection of stories made up by (me).

B. A. D. Love Stories is brought to you by B. A. D. Love – Be And Do
What You Love

I'd like to dedicate this story to Lahni another Guardian Angel I believe to have. Thank you Lahni, I love you and I dedicated this book to you.

I Am Alive

By

Ashley Lloyd Shaw

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EXT. ON THE STREET OUTSIDE BRUNO'S OFFICE – DAY

The heavy rain pouring down onto the people that walk the street. A real cats and dogs day. Jay aged 27, slim, medium build gets out of his car and runs across the street into a tall building with revolving doors.

INT. BRUNO'S OFFICE – DAY

A small office. Bruno aged 38, leaning in his chair, throwing and catching his apple up in the air. Dressed in a full suit and tie. Dark hair slicked back. His phone rings. He presses the button for the loudspeaker.

RECEPTIONIST

(Off screen)

We have a Jay Miller just waiting
outside for you.

BRUNO

Send him in.

Jay enters.

BRUNO (CONT'D)

Jay my man, good to see ya! How you
doing? Keeping busy? Your looking
well.

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JAY

Er..

BRUNO

How's that lady of yours? She tired
of you yet? Remember when she's
done with you send her over to me.

Bruno takes a bite of his apple.

JAY

(speechless)

BRUNO

(burst out laughing)

JAY

(not exactly sure what to do,
starts to laugh as well.)

BRUNO

C'mon Jay I'm just pulling your
leg. You know me. What can I do
for ya?

JAY

Well I've just come to find out the

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progress with my book.

BRUNO

Hmm...I see...look Jay I did give
you my honest opinion already that
I think its gonna be hard to get
it out there.

JAY

(assertive)

I know.

BRUNO

Right...

JAY

You know? Maybe this isn't working.
Maybe it's best that we don't work
together...if you've got doubts.

BRUNO

Oh come on Jay it's not that.

JAY

Then what?!

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Pause.

BRUNO

I just think that maybe if you reworked the
ending you'd stand a better chance.

Jay sighs.

BRUNO (CONT'D)

Look Jay.

I know you've put your blood and
sweat into this and I get your really passionate about it...

Jay cuts him off.

JAY

So then what? What's the hold up?

BRUNO

I just don't want to let you down.
I cannot guarantee it will sell.

JAY

Fine, that's OK, I don't expect you
to. What I expect
and want is for you to get it out
there on the shelves, that's

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all...can you do that Bruno?

Bruno nods his head.

JAY (CONT'D)

Great.

Anything else you wanna say before
I go?

BRUNO

No, I got it, I understand.

JAY

Perfect.

Jay gets up to leave and then at the door just before he does.

JAY (CONT'D)

Oh and the
next time you speak about Jasmine
like that...I'll kick your teeth
in.

Jay leaves and closes the door.

BRUNO

(stunned)

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Jay opens the door and peeks in.

JAY
(smiling)
Aaaaaaah!

BRUNO
(realising he was joking)
Aaaaah! You got me!

EXT. WINE BAR – EVENING/NIGHT

We see from a distance a rushed Jasmine rush into the bar.

INT. WINE BAR – EVENING/NIGHT

Rachael aged 26, conventionally attractive, dressed classy and provocative is sat alone looking at her phone with two cocktails sat beside her on the table. Jasmine aged 26 has dark jet black hair, dressed in a sleeveless office dress enters.

JASMINE
Hey you, I'm so sorry I'm late. I
got held up with a kid in
detention. Forgive me?

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RACHAEL

(takes a while) Yeah of course. You know I can't stay mad at you. Come here give me a hug.

They hug. Rachael gives a head gesture towards the cocktail she got for Jasmine.

RACHAEL (CONT'D)

For you.

JASMINE

Aww, thanks Rach.

She begins to sip the cocktail pretty quickly and drinks half of it. Then relaxes into the chair.

JASMINE (CONT'D)

Aaah. That hit the spot.

Rachael with a wow expression on her face.

RACHAEL

Still working hard as ever, eh?

JASMINE

Yeah, I'm really working towards

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that promotion for us.

RACHAEL

Us? When you gonna tell that guy of
yours to stop chasing his dream and
be realistic, eh?

JASMINE

Never.

Rachael takes Jasmine's left hand and inspects her 'wedding finger'.

RACHAEL

Hmm hm...I
see he still hasn't popped the
question yet.

JASMINE

Oh stop it.

RACHAEL

He better hurry
up that's all I'm saying.

Jasmine laughs.

JASMINE

You're something else.

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RACHAEL

What about you?
Is he thinking about you working
so hard and running yourself
into the ground.

JASMINE

I'm OK.

RACHAEL

If you ask me, I wouldn't do it.

JASMINE

Well I didn't ask you did I?

RACHAEL

Well I'm just saying. I mean, why
don't you go get yourself a sugar
daddy on the side or something.
Give you a little boost. Who knows
what he might be able to do for you
in the bedroom too.

JASMINE

Rachael don't go there. Not
everyone is like you.

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RACHAEL

What's that supposed to mean?

JASMINE

(gives her a look)

RACHAEL

(rolls her eyes)

JASMINE

Rachael. You got a good thing.
Thin ice eventually breaks babe.

RACHAEL

You don't understand.

JASMINE

Your right, I really don't.

RACHAEL

Feeling wanted. The thrill...hmm.

JASMINE

And Price? Don't you feel guilty?

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RACHAEL

Sometimes but then I think it's happened
to me so...

JASMINE

So....?

RACHAEL

So as I said you don't understand.

JASMINE

Oh I think I do. You take it out on
another man. A man who loves you to
death, will do anything for you.
Provide everything for you.

RACHAEL

Well not everything.

JASMINE

Oh Rachael.

RACHAEL

What? (whispers) It's important to me.
Don't try to pretend it's not important to you
either.

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JASMINE
(gives her a look)

RACHAEL
Well then.

Pause.

JASMINE
Do you actually love him?

RACHAEL
Yeah of course.

Pause.

JASMINE
Well..I really don't know what else
to say.

RACHAEL
(playfully)
Well the only way to know, is to
give it a go. I could see if, he has a friend.

JASMINE
(begins to lightly laugh)

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Your something else, you know
that. No thank you! And thanks for
caring... I think?

RACHAEL

Hmm, suit yourself and you're welcome.

JASMINE

I just hope....

RACHAEL

Oh stop worrying. I'll be fine. You
sure you don't want me to set you
up?

JASMINE

Stop it!

They laugh. The waiter brings over their bill.

RACHAEL

Thank you.

JASMINE

I got this one.

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Jasmine hands over her card to the waiter to process. They finish their drinks and get ready to leave.

WAITER

Miss, your card has been declined.

Jasmine sighs and rolls her eyes.

RACHAEL

It's OK babe. I can get it.

Jasmine embarrassed. Rachael hands the waiter her card to get processed.

JASMINE

Thank you. I'll pay you back.

RACHAEL

Don't be silly. It's fine.

The waiter hands back the card and leaves.

RACHAEL (CONT'D)

(playfully)

You really sure you don't want me
to set you up?

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JASMINE

Rachael.

RACHAEL

OK. OK.

EXT. JAY, JASMINE AND JOAN'S HOME – DAY

It's a beautiful sunny day and we see the home of Jay, Jasmine and Joan.

INT. LIVING ROOM – DAY

Joan aged 52, a mature and usually bubbly woman who can also be quite loud at times. She is casually dressed in her slippers. She's Hoovering around the front living room. She appears tense. After a while we then hear a big bang on the window. Joan turns the Hoover off and goes to see who it is. We see a smiley face and wave on the other side of the window. In comparison to a half-hearted smile from Joan.

INT. FRONT DOOR – DAY

Joan goes to open the door. Standing outside it is Dee aged 51. Also a bubbly woman, however with a calm nature. Dressed casually with a hint of a hippie/bohemian vibe. She wears glasses that are attached to a string around her neck.

“Remember You Have A Blank Canvas”

Thank You

Firstly, as usual I would like to acknowledge God for using me, working together with me, pushing me in a loving and inspiring way and for loving me.

Mummsy, thank you for giving birth to me. Thank you for all the love and support you have provided and expressed with me. You have experienced many different things in life. A lot of them being really really 'great' things. As well as some blessings in disguise such as experiencing cancer yourself. I know that took a lot for you to go through but as usual your resilience over time has served you well. You inspire me, you have partly inspired this story, I love you.

Gran-Gran, thank you for still being my guardian angel. Love for you, will forever be in my heart for you.

Stuart Brennan, I'm not sure if you realise the massive difference you have made in my life (even if it was for a short period of time). I'll never forget when we had that meeting about this story, how you felt about it and the belief you just had in it. You guided me in developing this film in such a great way by just asking me questions but vital, essential questions. I had never written a film script before. Since then the flood gates have opened. So thank you, you played a part in equipping me with this new skill, which has now become a new expression which I never saw before. Who thought writing would become an expression of mine, considering when I was in school I liked to write the least in most things I had to write. Though I realise and guess it makes a huge difference when you are writing something you actually like or at least interested in.

Jacqui Clarke, for being there all the way in London while I was in LA supporting me, holding me to account, checking up on me, working with me as a team. I love you for that, thank you.

Summer Lohne, for being the first person to read one of the first versions of the story in it's development stages (which I had no idea was happening at the time. Haha, I thought it was 'finished')

Damani Atiba, for being someone who also had the care and intention to support me in relation to this story when I was in LA.

Amber Ruth Glenys Watson for joining me literally last minute on this journey, reading this with me and helping me with the last additional grammar and spelling corrections. You've got a great eye. I'm looking forward to more of what will unfold in our journey together romantically as well as creatively. I love you 'my' lioness.

And to everyone else who has shown up in my life and who are still here. I either love you or have love for you. Thank you for giving me the opportunity to continually Self define Self.

About The Author

Ashley Lloyd Shaw continues to live the life style he desires as much as possible which is mainly centred around Self- Expression.

For more information about Ashley Lloyd Shaw or B. A. D. Love (Be And Do What You Love) please visit www.ashleylloydshaw.com

B. A. D. Love Ideas Available

Life After Death

A B. A. D. Love story written in a film script format, slightly adapted into a book version.

Keeping It Simple Pimple

A simple, to the point read. A book for All Children around the world. (That means you too Grown Ups)

Jus' Sayin' Audio Show

An audio show focused on (Love Life). A B. A. D. Love and Project Loza collaboration brought to you by Ashley Lloyd Shaw and Michael Anthony Lawson Jr. The whole purpose and intention of the show is to have fun and make a difference to anyone who likes listening along the way. Imagine being able to be a fly on a wall during a tasty conversation without anyone knowing you were there. That's the experience and style of the show. It's just two guys having a conversation, sharing openly, authentically and raw – with time to time a female point of view getting involved too.

Simple Suggestions

Simple Suggestions is for women, mainly about women and love. The intention is to keep things simple, self expression and hopefully make a difference to anyone who watches.

Creation Line

A range of different clothing items.

Links

Acting – <http://www.ashleylloydshaw.com/actor.php>

Dancing – <http://www.ashleylloydshaw.com/dancer.php>

B. A. D. Love – www.ashleylloydshaw.com – Then Click B. A. D. Love

Facebook – Ashley Lloyd Shaw

Instagram – ashley_loyd_shaw

Twitter – @AshleyLloydShaw

A Few Gems

Abraham Hicks – 'The Amazing Power Of Deliberate Intent'
www.abraham-hicks.com

Neale Donald Walsch – 'Conversations With God Book 1, 2, 3'
'Home With God'

Paulo Coelho – 'The Alchemist'

The Landmark Forum – Landmark Education

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